



**HEALTHY  
HOUSING**  
Service



The Healthy Housing Service is jointly funded by Public Health and Nottingham Energy Partnership, it is supported by Nottingham City Council and Nottinghamshire County Council.

## Healthy Housing Case Study

### Mrs Young, Bingham

1. FREE Loft Insulation
2. FREE Hand Rails and Grab Rails



**“Since having the loft done I don’t dread using the downstairs bathroom as the chill is no longer there”**

#### Background

Mrs Young lives alone and had recently become the main bill payer for all household utilities. After looking at past energy bills she could not believe how much money was needed to heat her home. She was keen to save money on her heating but was not sure where to start in terms of help. Additionally, Mrs Young struggles to get around the property and lives mostly downstairs, where the bathroom is incredibly cold.

Fortunately, whilst having her flu jab at Bingham Surgery, Mrs Young picked up a ‘Flu Jab and Winter Warmth Campaign’ leaflet promoting free home insulation to anyone living in Nottingham and Nottinghamshire.

#### Installed Measures

Healthy Housing’s Jenalle received Mrs Young’s call and confirmed that she would be eligible for free loft insulation, Jenalle also referred Mrs Young through for free hand rails and grab rails to help her get around the house a little more easily. Our surveyor visited the property followed by our accredited installers who laid down more loft insulation to bring the depth up to 270 mm, the recommended depth - they were in and out in just 2 hours.

#### Health and Financial Benefits:

Mrs Young told us her home feels warmer since having the loft insulation and tends to move around more because of this. The downstairs bathroom is not as cold as before **“since having the loft done I don’t dread using the downstairs bathroom as the chill is no longer there”**.

#### Money Saved:

Now her loft is fully insulated she is no longer losing up to 25% of her household through her roof which will have a positive impact on her energy bills. Energy price rises are hitting every household, including Mrs Young’s. However, now her loft is fully insulated she can look forward to savings of up to £160.

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